



# SEBASTOPOL PRIMARY SCHOOL

We are **READY TO LEARN** when we are;  
**RESPECTFUL, RESPONSIBLE & SAFE**

INFORMUS NO. 12 July 28th 2022

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## KARAOKE CLUB

Karaoke Club is a real hit with our Prep - Yr 2 students on Tuesdays. Thanks to our Music Therapist Cassandra. We ❤️ music and singing.



### REMINDERS:-

- Preps 100 days of school tomorrow
- Seniors Camp Wilkin 8th-10th August (please ensure you have returned your medical and behavior form)
- P-2 Sovereign Hill 10th August
- Pupil Free Day 15th August

We always have food bank food available from near the office and we often have a delivery of bread, please come in and help yourself.

SEBASTOPOL PRIMARY SCHOOL Warreen Street, Sebastopol Victoria 3356

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Website: [www.sebasps.vic.edu.au](http://www.sebasps.vic.edu.au)

## Student Recognition Awards



**Mia Sternberg- Prep L**  
For wonderful work learning letter name and sounds.



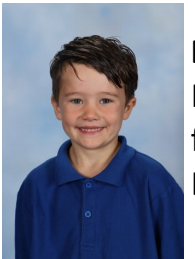
**Logan Nunn - 1/2/3M**  
For amazing level of detail in his procedural writing.



**Callum Glen - 3/4/5C**  
For a massive improvement in his writing and classroom engagement.



**Zaiden Kula - 5/6P**  
For showing excellent organisation skills.



**Eli Smith - Ms Mc**  
For an outstanding effort following instructions during LOTE.

## Term 3 Dates

Fri 29th July	Prep 100 Days of School Assembly 2.30pm
Thurs 4th Aug	Glasses for Kids Checks
Fri 5th Aug	Assembly 2.30pm
Mon 8th Aug	Seniors Camp Wilkin
Tues 9th Aug	Seniors Camp Wilkin
Wed 10th Aug	Seniors Camp Wilkin Sovereign Hill P-2
Fri 12th Aug	Assembly 2.30pm
<b>Mon 15th Aug</b>	<b>Student Free Day</b>
Wed 17th Aug	Ready Set Kids P-2
Fri 19th Aug	Assembly 2.30pm
Tues 23rd Aug	School Council Meeting
Wed 24th Aug	Ready Set Kids P-2
Fri 26th Aug	Assembly 2.30pm
Tues 30th Aug	Ready Set Kids
Fri 2nd Sept	Assembly 2.30pm
Tues 6th Sept	Ready Set Kids
Fri 9th Sept	School Concert 12pm
Thurs 15th Sept	SWPB Celebration
Fri 16th Sept	End of Term 3 Team Colours Day 2.10pm finish

## Term 4

Mon 3rd Oct	First Day Term 4
Fri 7th Oct	Assembly 2.30pm
Fri 14th Oct	Assembly 2.30pm
Fri 21st Oct	Assembly 2.30pm
Fri 28th Oct	Assembly 2.30pm
Fri 4th Nov	Assembly 2.30pm
Fri 11th Nov	Assembly 2.30pm
Fri 18th Nov	Assembly 2.30pm
Fri 25th Nov	Assembly 2.30pm
Fri 2nd Dec	Assembly 2.30pm
Fri 9th Dec	Assembly 2.30pm

## Principal Message 29th July 2022

### 100 Days of Prep!

Please join us at assembly on Friday at 2:30pm to celebrate with our 2022 Prep class. They have reached the school milestone of 100 days of school.

Interestingly, I did some maths with the older students, and we calculated how many days of schooling they have had.

Year 1 – 300 Days of school

Year 2 – 500 Days of school

Year 3 – 700 Days of school

Year 4 – 900 Days of school

Year 5 – 1100 Days of school

Year 6 – 1300 Days of school

Principal - 7,300 days of school!

### Learning Conferences

Teachers have valued the opportunity to meet with parents, face to face for the mid-year learning conferences. It has been valuable to share Student Portfolios and identify the individual learning progress in Literacy, Numeracy, Music, Inquiry, LOTE, PE and Art. The opportunity to check in on Student Wellbeing and share information with families has been helpful as well. My thanks to our parents and carers for making the time to attend the conferences.

### Book Presentation - 'Three Thousand Eight Hundred and One Trees'

Unfortunately, Juliana Addison MP has now rescheduled her Sebastopol PS visit until 19<sup>th</sup> Aug.

Fortunately, Gary Snowden from the RSL will be at Assembly this week to present a wonderful new book, 'Three Thousand Eight Hundred and One Trees'. I have already bought a copy as we have a Lucas connection in my family. 'Three Thousand Eight Hundred and One Trees' tells the story of the creation of Ballarat's iconic Arch of Victory and Avenue of Honour. This project was initiated by Integra, developers of the suburb of Lucas, with the

support and assistance of the Arch of Victory/ Avenue of Honour Committee. It was written and illustrated by Ballarat women Naomi Irvin and Liv Lorkin. Feedback to this point in time has been extremely positive, even from adults who haven't previously known quite how our Avenue and Arch came about. This book is helping schools/teachers make connections between their WW1 honour boards and our Arch and Avenue. Thanks to Integra, Gary Snowden will be presenting 3 copies of the books to our school this Friday.

### Thank you to Coles Sebastopol

A big thank you to Coles for the donation of a 'Buddy Bench'. Our students will be meeting to decide the location of the new bench. Coles will be supporting our Breakfast and Lunch programs, with fresh milk, jam, butter, tiny tomatoes, bananas and other seasonal fruit and vegetables. We currently have 25% of students attending Breakfast Club each day to it is wonderful to have the support of Coles, Foodbank and our volunteers so our students are 'Ready to Learn' in class.

### Glasses for Schools: Prep – Year 3

On 4 August, State School Relief will be at school to complete eye tests for our junior students. If prescription glasses are needed, they will fund the cost. Please contact the office if you have not yet completed a consent form and you would like your child to have an eye test.

Have a great weekend and remember to keep exercising for one hour a day despite the cold. My favourite ways to exercise are gardening, walking my Cocker Spaniels Cikki and Tilly, and lap swimming. Exercise and sleep are vital for wellbeing.

*Michelle Wilson*

Principal



# WHATS HAPPENING AROUND THE SCHOOL

Wet Day lunch and play breaks today. We are lucky to have our large Atrium to play cup stacking, hand ball, skipping and just chat with good friends in quiet corners.



Senior Cooking with Chris! Nutritious, delicious and lots of fun!



I wonder what the students will be cooking up in the next series of 'Cooking with Chris'?

# School Council Report - 19th July

**June Finance Reports were approved by School Council.**

**Exterior painting will be completed in September when the weather warms up.**

## **Donations**

Olivia McLean Youth Director at Ballarat South Rotary Club donated \$1500 for our Breakfast Club. Ballarat South Rotary is proud to be able to contribute this donation to our school and we value the support.

State School Relief have donated 26 Laptops to support learning at home.

## **Student Medication follow-up**

Future Camps, School Sleepovers, Excursions –there will be a teacher appointed as Medical Officer to ensure that Medication is logged, stored securely in front office or dedicated First Aid Bag and distributed parents at the end of the event to go home.

## **Compass**

All School Council Members are on Compass. Ms Wilson thanked them for their leadership in this.

## **2022 Child Safe Standards**

As a follow up from the May and June School Council Meetings, School Council were shown an overview of the new 11 Child Safe Standards and 47 related polices. They were shown and approved the following policies:

- Inclusion and Diversity Policy
- Student Wellbeing, Inclusion and Engagement Policy
- Code of Conduct
- Bullying Prevention Policy
- Volunteers Policy

Sebastopol School Council has approved the 2022 Child Safe Standards and related policies.

## **NAPLAN update**

NAPLAN 2022 – early results out July 25. It is interesting to note that NAPLAN 2023 will include Science Civics % Citizenship

Staff Update: Audra Lawes has returned to fulltime teaching. Jessica Williams Education Support Officer has resigned due to a new role elsewhere.

Covid Safe School: We are using the Air purifiers in all spaces and staff regularly use RAT kits and remaining at home when unwell. Students are required to use a RAT if they are a household contact or have cold, flu, covid symptoms. We need to be prepared for further disruptions to staffing given the increasing presence of viruses in the community.

Ballarat Youth Awards: Chris O, Josh Pegg, Rin Taylor and Cassandra Hiscock have all been nominated. The winner will be announced on Friday 19<sup>th</sup> August.

## **Numeracy Activity**

Paul Swan – Combo <https://drpaulswan.com.au/resources/> School Council members played a COMBO card game together. A great way to have fun while building number skills and automatic recall.

## **School Wide Positive Behaviour – 99%**

We are so proud of the positive behaviour and wonderful friends between students across classes and ages.

## **Cooking with Chris**

Thanks to the Kitchen Garden donation from Coles, ESO Chris is ruining weekly small group cooking workshops that include a recipe to take home.

**Relationships Australia** – Jnr classes to participate in Ready Set Kids and PD options for Tuning In to Kids.

Possibility of running to parents – childcare available.

# RAT Testing Update 14/07/2022

Dear parents, carers and guardians

I am writing to let you know about changes to the provision of Rapid Antigen Tests (RATs) in our school for Term 3.

RATs will continue to be distributed to you as they have been throughout this school year.

Students are no longer recommended to undertake either twice weekly RATs in main-stream schools or 5 days a week in specialist schools.

RATs however will continue to be required by students who are household contacts to attend school (5 negative tests over a 7 day period) or who have symptoms.

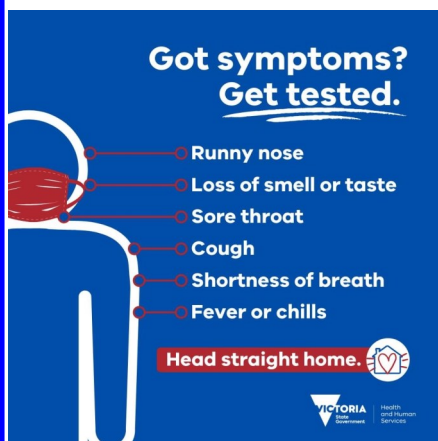
The ongoing supply of RATs to families in our school will ensure that parents and carers will have them should they need them if their child is a household contact or has symptoms.

Families must continue to notify the Department of Health and the school if their child returns a positive RAT result. Additionally, you should inform us if any of your children are household contacts.

Thank you also to all families who has got their child vaccinated. Vaccination continues to remain the best way to protect students and staff in our school.

Getting vaccinated is easy and bookings can be done via the coronavirus website. If you have any questions about the vaccines, I encourage you to speak to your GP or a health practitioner.

Thank you again for your ongoing cooperation and support during this time.



# Business Manager

## Compass

The Compass platform is now live at Sebastopol Primary School. Compass will be our main form of communication with families. Please make sure you have downloaded the Compass App onto your device and have accessed your account. Passwords were sent home at the end of Term 2.

## Late Arrival

All student who arrive after 9am need to go via the General office to sign in and not their classroom door.

# Buddy Bench

Coles Sebastopol has kindly donated a Buddy Bench for our students. Junior School Council will be deciding where to locate the bench. Thanks to the team at the upgraded Sebastopol Coles for their generous fresh food donation. Thanks to Narelle and Sharon for delivering the bench.



Adapted with kind permission from a poster provided by the Estia Centre

## How to support people with autism

- Explain at every stage what you are about to do, what will happen next and why.
- Give the person enough time to understand the information you are sharing and wait a few seconds for a response if it is not given immediately.
- Questions should be clear and direct using language that is easy to understand and pictures where necessary – do not rely on the person to pick up on the meaning of your questions or body language.
- People with autism might take what you say literally so avoid words with a double meaning and humour that could be misunderstood.
- Maintain a routine – familiarity is often important to some people with autism.
- Social difficulties may include lack of eye contact and unusual body language, talking at inappropriate moments or about inappropriate topics.
- Repetitive behaviours might be a coping mechanism and therefore should be respected.
- The environment is important – some people with autism are particularly sensitive to light, movement, sounds, smell and touch. Try to keep the immediate environment as calm as possible to help alleviate any anxiety.
- Always consider the person's behaviour in terms of his or her autism, even if it becomes challenging.
- Ask the person and/or parent, carer or advocate what support they might need.

Produced by ICN Publishing in partnership with: British Psychological Society, Department of Health, National Autistic Society, Royal College of General Practitioners, Royal College of Nursing, Royal College of Psychiatrists, Skills for Care, Skills for Health, Social Care Institute for Excellence, University of Oxford



## Morning with vs without diabetes

### Wake up

- Check blood glucose levels

### Shower

- Check medications
- Worry about blood glucose levels

### Get dressed

- Worry about diabetes tech

### Choose breakfast

- Count carbs
- Administer insulin
- Check blood glucose levels
- Remember health appointment

### Drink coffee

- Worry about news story
- Worry about diabetes

### Pack lunch

- Think about carbs in lunch
- Check diabetes supplies

### Leave the house

### Wake up

### Shower

### Get dressed

### Choose breakfast

### Drink coffee

### Pack lunch

### Leave the house



**HEADSUP**  
ON DIABETES & MENTAL HEALTH

**NATIONAL DIABETES WEEK 2022**

[headsupdiabetes.com.au](http://headsupdiabetes.com.au)

# CALENDAR OF EVENTS

## Term 3

	MON	TUE	WED	THUR	FRI
<b>WEEK 3</b>	<b>25/07</b>	<b>26/07</b> 5/6 Police in Schools	<b>27/07</b> 3 Way Conferences  Book Club Orders Due	<b>28/07</b>	<b>29/07</b> Prep 100 Day of School  Assembly 2.30pm
<b>WEEK 4</b>	<b>01/08</b>	<b>02/08</b>	<b>03/08</b>	<b>04/08</b> Glasses for Kids Checks	<b>05/08</b> Assembly 2.30pm
<b>WEEK 5</b>	<b>08/08</b> Seniors Camp Wilkin	<b>09/08</b> Seniors Camp Wilkin	<b>10/08</b> Seniors Camp Wilkin  P-2 Sovereign Hill	<b>11/08</b>	<b>12/08</b> Assembly 2.30pm
<b>WEEK 6</b>	<b>15/08</b> Student Free Day	<b>16/08</b> 5/6 Police in Schools	<b>17/08</b> Ready Set Kids P-2	<b>18/08</b>	<b>19/08</b> Assembly 2.30pm
<b>WEEK 7</b>	<b>22/08</b>	<b>23/08</b> School Council	<b>24/08</b> Ready Set Kids P-2	<b>25/08</b>	<b>26/08</b> Assembly 2.30pm
<b>WEEK 8</b>	<b>29/08</b>	<b>30/08</b> Ready Set Kids	<b>31/08</b>	<b>01/09</b>	<b>02/09</b> Assembly 2.30pm
<b>WEEK 9</b>	<b>05/09</b>	<b>06/09</b> Ready Set Kids	<b>07/09</b>	<b>08/09</b>	<b>09/09</b> School Concert 12pm
<b>WEEK 10</b>	<b>12/09</b>	<b>13/09</b>	<b>14/09</b>	<b>15/09</b> SWPB Celebration	<b>16/09</b> Assembly 1.40pm End of Term 2.10pm

### Newsletter

To access our fortnightly school newsletter visit our website at <http://www.sebasps.vic.edu.au/>  
Please also subscribe to our Newsletter email list at our website to receive a notification when our newsletter is ready.

#### 2022 TERM DATES

Term 1: 31st January to 8th April  
Term 2: 26th April to 24th June  
Term 3: 11th July to 16th September  
Term 4: 3rd October to 20th December

#### 2023 TERM DATES

Term 1: 27th January to 6th April  
Term 2: 24th April to 23rd June

#### BELL TIMES

8.50 am - Music Play  
9.00am School starts  
11.00 - 11.10am Children eat Lunch  
11.10 - 11.40 Lunch Break  
1.40pm - 2.10pm Recess  
3.10 Dismissal