



SEBASTOPOL PRIMARY SCHOOL

We are **READY TO LEARN** when we are;
RESPECTFUL, RESPONSIBLE & SAFE

ISSUE NO. 6 2nd May 2024

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ANZAC Day 2024.

Our Year 6 class was thrilled to be part of the RSL ANZAC Schools Service at the Melbourne Shrine on 19th April. My thanks to Miss Peach for arranging this excursion and to Mr Juarez for accompanying the group for the special occasion.

It was wonderful to have six Sebastopol PS students march at the Sebastopol RSL Service in Sebastopol on ANZAC Day 25th April, along with Phoenix CC, Berry Street School, Ballarat Christian College, scouts, guides, various community organisations, Government dignitaries and the SES. My thanks to KJ and Joel for laying the wreath at the Sebastopol Cenotaph and to Dylan, Lola, Iris and Maeve for joining the march and service. These students exemplified respect and responsibility, and represented our school with pride. Our sincere thanks to the Sebastopol RSL for once again holding such a memorable service. This year the focus for ANZAC Day was peace, something we all need across the world. Special acknowledgment was made of the wartime peace keepers and border security teams who work tirelessly to sustain peace across the country and internationally.



SEBASTOPOL PRIMARY SCHOOL Warreen Street, Sebastopol Victoria 3356

Phone: 03 5335 8157 Email: sebastopol.ps@education.vic.gov.au

Website: www.sebasps.vic.edu.au

Facebook: [SebastopolPrimarySchool](https://www.facebook.com/SebastopolPrimarySchool)

PRINCIPAL'S MESSAGE

ANZAC Assembly - 3rd May 2:40pm

We hope you can join us at Assembly this Friday. Our school will take the time to acknowledge ANZAC Day. The focus this year has been on the Peacekeepers who have represented Australia and New Zealand during war and peacetime. Please remember to refrain from using your mobile phone and keep toddlers close to you during assembly so that our school leaders can concentrate on their public speaking and presentations.

Leading Teacher and Learning Specialist Professional Learning

Wil and Esme have had the opportunity to have two days of professional learning this week at the Victorian Academy of Leadership and Teaching in Camp Street, Ballarat, entitled 'Leading Quality Conversations'. We know at times we need to have significant conversations with parents, carers and our colleagues. This professional learning provides a toolkit of strategies to ensure conversations are effective, supportive and meaningful for all parties involved. I thank Wil and Esme for taking up this training.

Numeracy

Next week Sally Peach, Wil Juarez and myself will continue our collaborative work with Phoenix Community College and Delacombe PS to improve student achievements and engagement in Numeracy. The new Department of Education Numeracy Curriculum is extensive and requires careful planning and teaching to ensure all concepts are covered in all classrooms. Our collaboration with these two schools has been invaluable as we learn from our colleagues and work together to provide quality Numeracy Learning programs for all students in our schools.

Pupil Free Day - Tuesday 30th July - Term 3

Please mark this date in your calendars as the School Council has approved a third Pupil Free Day for 2024. We have an allocation of four professional learning days per year. Our staff will be undertaking professional learning to support student wellbeing and engagement. We understand that this requires families to make changes to their routines, however we need to continue our professional learning to ensure we are following best practice and providing a school setting that is inclusive and positive for all students.

Friday Junior School Council Sales Snacks

The lamingtons are proving to be very popular during the cooler weather. The Year 6 students are doing a great job every Friday, serving the students and checking the money. Small bags of lollies are also available for purchase. Pricing will remain at 50c - \$1.

Werribee Zoo Excursion 10th May

Please check Compass to indicate your consent for this excursion and finalise payment. Thanks to our Fundraising

Committee, we can experience a day out together at the Werribee Zoo for just \$10. At full price this would be \$55 per child for zoo entry and transport.

Mobile Phones at School - School Council Mobile Phone Policy review.

We are currently in the process of updating our 'Student Mobile Phone Policy'. We provide safe and secure storage at the front office for student devices.

'Switch off to switch on for learning'. Please discuss this with your child and be confident that you can always ring the school if you need to communicate a message with your child.

Fundraising Team

Thank you to the school community for continuing to support the Fundraising committee through raffle ticket sales, donations, ordering meal deals and Hot Cross Buns and volunteering time.

This enables us to provide additional experiences and resources for the students. In Term 1 we have purchased an industrial toaster for Breakfast Club.

Photos

Please be considerate when taking photos of your children at school. We are required to have consent before we use images of children in the newsletter and on our FaceBook page. Please ensure you have agreed permission before you post images of children who are not part of your family. It is vital that we are all respectful and responsible when you use images or names on social media forums.

Have a great week. I look forward to seeing you at assembly on Friday at 2:40pm,



Michelle Wilson
Principal

Building a national picture of child health

From May 2024, our school, along with thousands of others across the country, will participate in the Australian Early Development Census (AEDC).

The AEDC is a teacher-completed census (similar to a questionnaire) which provides a comprehensive picture of how children have developed by the time they start their first year of full-time school.

The AEDC is an Australian Government Initiative and is completed nationally every three years.

Children don't miss any class time while the AEDC is completed, and parents/carers don't need to supply schools with any new information.

The data collected through the AEDC is used by schools, communities and governments to better understand children and families' needs, and identify the services, resources and support they need.

AEDC data is reported at a school, community, state/territory and national level. AEDC results for individual children are not reported and the AEDC is not used as an individual diagnostic tool.

Some teachers have found that completing the AEDC made them more aware of the needs of individual children and their class, and that the data was useful for planning for transitions to Year 1 and developing programs.

Participation in the AEDC is voluntary, however the AEDC relies on all schools with children in their first year of full-time school participating in the collection. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the AEDC and how it is being used to help children and families visit: www.aedc.gov.au. If you have any questions, you can contact Ms Wilson.



Congratulations

Congratulations to Maddie and Justin Witcher and welcome to the world Charli. Born 27th March 2024. We know that you have lots of adventures and wonderful times ahead.

Break Out Room Name



Break Out Space Name

Parents, staff, and students are invited to vote on the new Wellbeing space. The following are the top three names for the Room 6 Foyer (previously the discovery learning space) that will be used for; social emotional learning, and as a regulation and/or break out space.

Please cast your vote before Friday the 10th of May.

<https://forms.office.com/r/WfUXJBJAUx>

TRIVIA NIGHT

Raising money for Sebastopol

Primary School

*Games, Auctions
and more*

Date: 31st May 2024

Venue: Sebastopol Bowling club

Time: Doors open 7pm for a 7:30 start

*Run by Trivia
with a twist*

Great Prizes to be won

Tickets available from the
school office or text
0423522722 for more
information

Adults \$15

Children \$10

Table of 10 for \$100

*BYO nibbles.
Drinks at bar
prices*

*Bring your gold coins
for a chance
at extra prizes*



Do I have to go to school?

Yes, in Victoria everyone aged from 6 – 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you are away and wonder if you are OK.

WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you are at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

Do my parents need to let the school know if I'm going to be away?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents might get a letter from the principal asking about why you're away.

Are there any good reasons to be away from school?

No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.

If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

if I'm not at school What do I miss out on?

You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge.

Being away means you might miss out on a lot of learning or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections.

Believe it or not, everyone wants you at school and it really is better when you attend.

What if I'm having problems getting to school?

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

Asking your parents for help getting ready

Having a set time to go to bed

Leaving all technology out of your bedroom

Packing your school bag the night before with everything you need

Having a set time for breakfast

Planning to meet up with a friend so you can travel to school together.

Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends. Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. Many people want to help you. Try talking to:

Your parents or another adult family member

A trusted teacher

Wellbeing Coordinator or the school counsellor

Another trusted adult like your coach

Useful websites/contacts

Kids Matter - www.kidsmatter.edu.au

Youth Beyond Blue - www.youthbeyondblue.com.au

Headspace - www.headspace.org.au or e-headspace
www.eheadspace.org.au/ for online counselling & support

Reach Out – www.reachout.com

Kids helpline - 1800 55 1800 24 hours a day, 7 days a week or [web counselling](#)

Calling all young
SUPERHEROES
and their families



Unleash your creative powers at our
Superhero crafternoon hosted in
partnership by Satellite Foundation
and Grampians Mental Health
and Wellbeing Connect.

Join us for a superhero crafternoon
and sausage sizzle!

Saturday, 4th May 2024
11:00am to 2:00pm

Ballarat Neighbourhood Centre at Delacombe
📍 **18 Nandiriog Drive, Delacombe VIC 3356**

Scan the QR or contact us to sign up:
@ hello@satellitefoundation.org.au 📞 1800 973 444

Register Now!



Presented in proud
partnership with:



Well-being & Inclusion

E-Safety

Parents can be at a loss to keep up with the content put out on social media platforms. The e-Safety Commissioner website has a lot of content to support parents with a range of challenges that comes with social media platforms. These include; how to support your child with distressing online content; parental controls; sexting and nudes; understanding the current safety challenges and helping your child to have positive online experience.

Raising Children also has a similar range of safety and support content that is available to assist parents to be more knowledgeable about the influences of social media.

If you would like to access any of this information, please visit the websites listed here:

<https://www.esafety.gov.au/parents>

<https://raisingchildren.net.au/school-age/media-technology>

Psychological Support for Your Child

At times it can be hard to find the right support for your child. First I would encourage you to see your doctor as they can write up a Mental Health Care Plan to ensure your child receives free sessions with a counsellor, and will be aware of the appropriate places to refer to. However, if you have tried this and need some additional places to try, please reach out to the following services:

Infant and Child Mental Health Service

<https://www.bhs.org.au/services-and-clinics/mental-health-services/infant-child-mental-health-services/>

1300 247 647

0-14 Years

Grampians Mental Health and Wellbeing Service

24/7 access

Has an Infant and Child Specialist available during business hours. (ask for Jamie)

Secondary Consultation also available to schools. Suggestions and support provided.

Advice given based on de-identified Information.

Phone 1300 247 647

Ballarat Community Health

Including:

- Head to Health
Child Health Program

Both free to 12 years of age

(03) 5338 4500

Federation University

<https://federation.edu.au/institutes-and-schools/ihw/clinics-and-services/psychology-clinic>

(03) 5327 8483

Email: psychology.services@federation.edu.au

Will also work with under 12s

Headspace

<https://headspaceearlypsychosis.org.au/>

(03) 5304 4777

Walk ins possible for 12+

If you need immediate help:

Call the **Beyond Blue** helpline on **1300 22 4636** or visit www.beyondblue.org.au/ for a confidential online chat.

Call **Lifeline** on **13 11 14**, or visit www.lifeline.org.au/ for confidential online chat or text services.

If your life is in danger, **call 000** immediately.

You can also visit the Department of Health & Human Services' page on mental health.

<https://www.health.vic.gov.au/chief-psychiatrist/mental-health-and-wellbeing-support>

Esme Jorgensen – Wellbeing & Inclusion Leader

THESE BUSINESSES HAVE SUPPORTED THE SCHOOL BY DONATING TO FUNDRAISING PLEASE SUPPORT WHERE YOU CAN.



Ballarat Aquatic and Lifestyle Centre



DTC LOTTO



Wendy's DTC



Wildseed Cafe DTC



Panda Massage Studio DTC



Kaisercraft DTC

Buninyong Information Centre



Red Door Pizza - Buninyong



Pancake Kitchen - Ballarat



Country Kitchen - Ballarat



Avalon Nursey - Haddon



Just Cuts - DTC



Ballarat Indoor Go Karts



Skwecky kleen soaps



Goldfields Health Collective



Liquorland Sebastopol



Sebastopol Tattslotto



Sew Darn Special



Curbside Coffee



The Bottle-O Sebastopol



Get Plastered



Hairhouse wendouree



Stacksavagedesigns.



Bake & Deco



Pancake Kitchen



Sebastopol Takeaway

Rubicon Gifts



Arabella Hair Design



Kazan Central Asian Kitchen.

Kinship Carer Support Groups

All Carers are welcome to come and have a chat in a safe and supportive environment.

Daylesford - Thursday

- 10.30 am - 12.00 pm
- Address will be advised after registration
- 30 May, 27 June, 25 July, 29 August, 31 October and 28 November

Ararat - Tuesday

- 10.30 am - 12.00 pm
- Ararat Hotel, 130 Barkly Street, Ararat
- 6 May, 11 June, 6 August, 3 September, 8 October and 12 November

Bacchus Marsh - Monday

- 10.30 am - 12.00 pm
- Baby Black Cafe, 10 Church St, Bacchus Marsh
- 20 May, 17 June, 29 July, 19 August, 16 September, 14 October and 18 November

Ballarat - Wednesday

- 10.30 am - 12.00 pm
- Clothesline Cafe, 202 Humfray Street South, Ballarat
- 15 May, 26 June, 24 July, 14 August, 11 September, 23 October and 20 November



To register or enquire about any of Cafs Kinship Carer Support

Groups please contact:

Sallie MacDonald
sallie.macdonald@cafs.org.au
1800 692 237

cafs.org.au

cafs  WE
CARE

Join us for Flu
and Covid19 Vaccinations



Ballarat Neighbourhood Centre in
partnership with
Ballarat Community Health

When: Friday 10th May

Time: 11-1pm

Where: Ballarat Neighbourhood House,
11 Tuppen Drive, Sebastopol

Contact:

Liz, Ballarat Community Health
M: 0491 085 34
elizabethr@bchc.org.au



SESAME KIDS

OSHC PROGRAM

TO ENROLL VISIT
WWW.SESAMEKIDS.COM.AU

email:
info@sesamekids.com.au

03 5384 5232

"The Fun Starts After School"

Student Recognition Awards

Tommy Keays - Prep/1

For getting all the materials needed for tasks and getting started quickly.

Dakota Pacheco - 1/2

For being an excellent role model and supporting other students to follow the matrix.

Dylan Eustace - 3/4

Thank you for attending the Sebastopol ANZAC Service on ANZAC Day.

Maeve McAdie - 3/4

Thank you for attending the Sebastopol ANZAC Service on ANZAC Day.

Kay Everson - 3/4

For showing resilience as she learns new people and routine.

CJ Del Rosario - 3/4

For an excellent attitude to Literacy activities.

Joel Chettleburgh - 5/6

Thank you for attending the Sebastopol ANZAC Service on ANZAC Day.

Iris Chettleburgh - 5/6

Thank you for attending the Sebastopol ANZAC Service on ANZAC Day.

KJ Eustace - 5/6

Thank you for attending the Sebastopol ANZAC Service on ANZAC Day.

Keith Bassett - 5/6

For demonstrating excellent leadership.

Noah Smith - 5/6

For demonstrating excellent leadership.

CALENDAR OF EVENTS

TERM 2

Week	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4	6	7	8	9	10 Werribee Zoo Excursion-Whole School
WEEK 5	13	14	15	16	17 Sebastopol PS Athletics Carnival Llanberris
WEEK 6	20	21	22 National Simultaneous Storytime (NSS) Bowerbird Lane by Aura Parker	23 Newsletter SWPB Celebration	24 Assembly 2.40pm
WEEK 7	27	28	29	30	31 Trivia Night 7pm
WEEK 8	3	4	5	6 Newsletter	7 Assembly 2.40pm
WEEK 9	10 King's Birthday Public Holiday	11	12	13	14
WEEK 10	17 School Council	18	19	20 Newsletter	21
WEEK 11	24	25	26	27 Yr 5/6 Sov Hill SWPB Celebration	28 Yr 5/6 Sov Hill 1:30 Assembly 2:10 End of Term Finish

BELL TIMES

8.50 am - Music Plays
 9.00am School starts
 11.00 - 11.10am Children eat Lunch
 11.10 - 11.40 Lunch Break
 1.40pm - 2.10pm Recess
 3.10 Dismissal
 Last day of Term 2.10pm Finish

2024 TERM DATES

TERM 1: 30TH JANUARY TO 28TH MARCH
TERM 2: 15TH APRIL TO 28TH JUNE
TERM 3: 15TH JULY TO 20TH SEPTEMBER
TERM 4: 7TH OCTOBER TO 20TH DECEMBER