

Interim map of key student wellbeing interventions and supports



This resource has been developed by Wellbeing, Health and Engagement Division to map key wellbeing interventions and supports for students in Victorian government schools. Interventions and supports have been categorised in universal, targeted and individual tiers. Some interventions and supports may operate across more tiers than this map indicates, or differ according to local circumstances (e.g. in a special school, individual plans may be developed for all students as a universal intervention). Further interventions and supports may be available in your region or area that are not listed below. This resource is an interim document and is current as at October 2018.

Universal

Universal interventions help schools to create a **positive, inclusive and supportive school climate**, building the preconditions for optimal student learning, development and wellbeing.

SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT	A whole-school evidence-based approach to promote improved behaviour that uses school level data to inform actions across all three tiers (training and coaching support available).
RESPECTFUL RELATIONSHIPS	Resources for schools to implement a whole school approach and teaching and learning materials to deliver respectful relationships education (funding and support available).
BUILDING RESILIENCE FRAMEWORK	Resources on developing personal and social capabilities, including self-awareness, self-management and social awareness.
BULLYSTOPPERS	Resources, including advice, factsheets and interactive learning modules for teachers, parents/carers and students on preventing and addressing bullying and cyber safety.
CONFLICT RESOLUTION	Detailed <u>guidance</u> encourages principals to consider and use available conflict resolution options. <u>Advice</u> is also available on how to create respectful school communities and manage challenging parent behaviour.
PROTECT	Resources to support schools to comply with the Child Safe Standards, as well as identify and respond to signs of abuse. Support is available for victims of family violence, child abuse, exploitation and sexual assault, and for students demonstrating harmful sexual behaviours.
SOCIAL & EMOTIONAL LEARNING	Social and emotional learning helps students learn the skills they need to build resilience and effectively manage their emotions, behaviour and relationships with others.
eSMART	The Alannah and Madeline Foundation's eSmart Schools framework assists schools to develop a culture that promotes the safe, smart and responsible use of technology.
MENTAL HEALTH	<u>SAFEMinds</u> , <u>SAFEMinds Train the Trainer</u> and <u>Suicide Risk Continuum</u> training are designed to enhance school capacity to identify mental health issues early, such as depression, anxiety and self-harm.
ENGAGEMENT	Guidance for schools is available on <u>developing a student engagement policy</u> , <u>student</u> and <u>family engagement strategies</u> , and <u>identifying students at risk of disengaging</u> .
STUDENT WELLBEING HUB	National resources complement Victorian resources to help create respectful and supportive learning communities that promote student safety and wellbeing.

Targeted

Targeted interventions complement universal interventions and provide essential additional support for cohorts of students who may have specific needs or vulnerabilities. Targeted interventions include individual interventions for a cohort.

STUDENTS WITH DISABILITIES	<ul style="list-style-type: none"> <u>Inclusive Education for Students with Disabilities</u>- umbrella policy on creating inclusive schools <u>Program for Students with Disabilities</u> providing an assessment service and additional funding to support students with specific needs regional autism and inclusion consultants support whole-school approaches to inclusion for students with disabilities <u>Suicide Risk Continuum Training</u> for special schools <u>Abilities Based Learning and Education Support</u> <u>Victorian Deaf Education Institute</u> <u>Statewide Vision Resource Centre</u> Visiting Teacher Service
STUDENTS IN OUT-OF-HOME CARE	<ul style="list-style-type: none"> A LOOKOUT Education Support Centre is in each region to provide support to schools. Under the <u>Out-of-Home Care Education Commitment Partnering Agreement</u>, each child in out-of-home care is provided with a Learning Mentor, Student Support Group, Educational Needs Analysis and Individual Education Plan.
KOORIE STUDENTS	<ul style="list-style-type: none"> <u>Koorie education coordinators</u> and Koorie education support officers can provide assistance in supporting Koorie students. Koorie specific individual planning tools and learning resources are available. <u>Victorian Aboriginal Education Association Inc.</u> (VAEAI) is the peak Koorie community organisation for education and training in Victoria.
STUDENTS FROM A REFUGEE BACKGROUND	The <u>Refugee Education Support Program</u> helps schools and teachers better meet the needs of students from a refugee background and their families. Additional funding is available via the Refugee and Asylum Seeker Wellbeing Supplement.
LGBTI STUDENTS	The <u>Safe Schools program</u> provides information, resources and professional learning to school staff to help foster school environments that are safe and inclusive of LGBTI students.

Wellbeing workforces

Wellbeing workforces work across tiers to support individual, targeted and universal interventions. Schools are encouraged to seek support and advice from the following:

- Student Support Services (SSS): including psychologists, speech pathologists and social workers (see the SSS handbook for further information)
- primary and secondary school nurses
- primary welfare officers, student wellbeing coordinators, school counsellors and chaplains
- regional and local area staff, including Student Support Managers and Health and Wellbeing Coordinators (contact your area/regional office for more information).

Individual

Individual interventions are designed for students who are identified as requiring intensive tailored support to engage positively in education.

STUDENT SUPPORT GROUPS (SSG)	Consisting of parents/carers, school staff, Student Support Services staff and other allied health professionals as required. SSGs assist students with a disability or additional needs. SSGs collaborate to plan and monitor teaching and learning strategies that take account of a student's background, experiences, individual personality and individual goals.
BEHAVIOUR SUPPORT PLANS	Developed in collaboration with students, parents and allied health professionals, this is a school-based plan for students who require additional supports and interventions. Guidance is also available to support school staff to <u>prevent concerning behaviours</u> and use effective and ethical responses if a student is at risk of <u>restraint or seclusion</u> .
INDIVIDUAL EDUCATION PLANS	A tool to assist in developing strategies to address the particular educational needs of students. Schools must develop an <u>individual education plan</u> for every student in out-of-home care. Schools may also develop their own individual education plan template to use for other students that would benefit from structured planning and strategies to support their learning.
SCHOOL FOCUSED YOUTH SERVICE	A range of strategies are available to support students who may be struggling to engage in a mainstream setting, including School Focused Youth Service (talk to your area about options).
FLEXIBLE LEARNING OPTIONS	Flexible Learning Options (or <u>Re-engagement Programs</u>) may be appropriate for students whose needs are not being adequately met in mainstream school settings.
DISENGAGED STUDENTS	Students who have disengaged from school may be able to access the Navigator program. Navigator provides intensive case management and assertive outreach support to assist disengaged learners (aged 12-17) to re-engage with education.
MENTAL HEALTH	In addition to mental health services provided by Student Support Services staff and school-based wellbeing staff, the following supports are available: <ul style="list-style-type: none"> increased <u>one-on-one counselling</u> for students via the 24 headspace centres and a dedicated phone counselling service for rural and remote students, <u>headspace suicide postvention support</u>, <u>SAFEMinds</u> and <u>Suicide Risk Continuum Training</u> for secondary schools.
CHILD PROTECTION	Resources and supports are available if signs of abuse are identified for a student, advice on when to make a mandatory report and how to access to support.
CHILDFIRST	Services are also available to support vulnerable families to create child safe environments and best nurture their child's development (contact <u>ChildFIRST</u> for referral and advice).